



2025



HOLIDAY
GIFT GUIDE



Hi, I'm Dr. Amie

Pediatric
Physical
Therapist



Thank you so much for checking out our holiday gift guide. Over a dozen years of experience as a pediatric physical therapist and being a mother to a now 7-year-old has shaped how I utilize toys in treatment sessions and at home. I have carefully selected my favorite toys with the intention of longevity and the ultimate goal of promoting ongoing development of gross motor skills. I have used most of these in my practice, with my own son, and carry them in my "therapy tool bag". You will find each section builds on the previous and prepares your child for the next minor and major milestones. If you love the items listed and choose to purchase a gift from this guide, I would appreciate your support as I do earn a small commission on most of the links provided.

Happy shopping!



Rock N
Roller Piano



Teething Blocks



Crinkle Toy



Playmat



Soft Book



O-Ball Rattle



Suction Cup Rattles



Rattle



Music Wobbler



Tummy Time Mirror



Stacking Cups



Suction Cup Spinners

0-6 Months
for tummy time,
rolling, & sitting





Stacking Toy



Push Toy



Shape Sorter



PlayNest



Sit to Crawl Turtle



Soft Play Mats



Crinkle Tissue Box



Large Wooden Activity Cube



Spin Again Stacking Toy

6-12 Months
for sitting, crawling,
& walking





Water Table



Balls



Push & Pull Turtle



Kinderfeets Tiny Tot 2-in-1 Balance Bikes



Micro 3-in-1 Kickboard



Sensory Tiles



Squigz

12-18 Months
for riding, squatting,
running and ball skills





Piker Triangle Set



Sit & Spin



Mini Trampoline



Bilibo



Play Tunnel



Strider Balance Bike



The Nugget Chunk



18-24 Months
for jumping, climbing,
and exploring





Sensory Pod Swing



Pogo Stick



2-3 Years
for obstacle courses,
balance, and
coordination



Stepping Stones



Scooter



Sensory Stepping Stones



Tummy Glider



Stomp Rocket



Balance Board





Ninja Twister



Kid Stilts

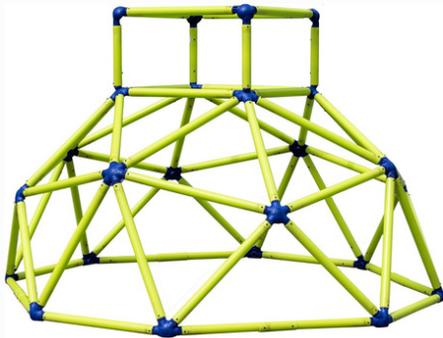


3-5 Years for gross motor challenges



Bike with Removable Training Wheels

Favorite Brands: Cleary, Woom, Guardian, and Specialized (based on child's size and ability level)



Climbing Tower



Surfer Swing



Sensory Swing



Rope Ladder



Outdoor Rock Wall



Balance Beam

