

6-9 months

MILESTONES CHECKLIST

Purposeful Play Tips

When baby is on back:

- place toys out of reach and to the side for rolling.
- place toys on feet to encourage playing with feet.

Use a Boppy or other support pillow around baby's waist to support sitting.

Lay baby across your legs to encourage a hands-and-knees position.



- ☐ Rolls back to tummy, both sides
- ☐ Brings feet to hands when on back
- ☐ Begins to sit without support
- ☐ Begins moving on stomach in circles
- ☐ Tries to get to sitting from tummy
- ☐ Gets into crawling position on all 4s
- ☐ Holds bottle
- ☐ Picks up dropped toys
- ☐ Bangs toys together and on surfaces
- ☐ Moves toys between hands
- ☐ Responds to own name
- ☐ Begins to say "mama" or "dada"
- ☐ Babbles to people
- ☐ Shouts for attention

