

# 10-12 months

## MILESTONES CHECKLIST

### Purposeful Play Tips

#### When Crawling:

- Place toys far out of reach on ground to encourage crawling.
- Place toys on chairs and couches to encourage pulling up into standing.

Use pillows and cushions to create obstacles for crawling, cruising and walking over.

Have little one squat down to pick up toys when standing at the couch or table.

- ☐ Crawls on hands and knees
- ☐ Spins in circle in sitting, both directions
- ☐ Pulls to stand at furniture
- ☐ Begins cruising along furniture
- ☐ Begins to walk with help from parent
- ☐ Begins to stand alone
- ☐ Holds cup with or without handles
- ☐ Begins to scribble when given crayon
- ☐ Babbles and mimics adults
- ☐ Shows understanding to some words
- ☐ Repeats sounds/gestures if laughed at
- ☐ Speech progress may stop when learning to walk
- ☐

